



MANOIR ST. SAUVEUR LAURENTIANS QUEBEC

Labor day weekend 4 Day Getaway! Luxury - 4 star – SPA Resort \$750 Per Person



Dates: Thursday August 29 - Monday Sept 2

Accommodation: www.manoir-saint-sauveur.com

- 4 nights accommodation in luxurious hotel rooms (two queen beds, mini-fridge)
- 3 full course gourmet dinners at local restaurants
- 4 American (full) breakfasts
- Full service spa relax and enjoy.
- Indoor and outdoor swimming pools, hot tubs and fitness center
- Multi-purpose outdoor sports area (including tennis courts)
- Free wireless high speed internet access in each room
- Bar lounge with outdoor patio

Bicycling : *Group rides will vary depending on ability.*

- 1. Scenic **Aerobic Corridor Trail** (30 & 60 km) –spectacular views along the Rouge River: www.laurentians.com/parclineaire/1517 an.html
- **2.** Linear park **le P'Tit Train du Nord** with it 230 km of trails (Various distances approx 45, 60, & 80 depending on requests): www.laurentides.com/parclineaire/
- 3. Leisurely pace cycle in and around St. Sauveur and Morin Heights









Other Activities:

- Golf courses: www.golfpiedmont.ca www.montgabriel.com
- Over **250 great shopping and arts boutiques** in St. Sauveur.
- Outlet malls a short walk or bicycle ride away
- **Optional hike** on the Morin Heights hiking trails on the Sunday
- **Cuban Festival** on the weekend of our trip: https://www.quebecoriginal.com/enca/listing/events/festivals-and-special-events/autentica-fiesta-cubana-36287458

Cancellation Policy: Trip refundable up to July1, 2019 less a \$25 administrative fee. After July 1, the full cost of the trip will be non-refundable unless an acceptable replacement can be found.

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